



## RELATEWELL Courses



### 1 DAY COURSES - 9.30 am - 5.30 pm .. \$240 per couple

2012 Course	Venue	1 Sunday
E/01	East Bentleigh	July 01
E/02	Coburg	July 08
E/03	Box Hill	July 15
E/04	Coburg	July 22
E/05	Flemington	July 29
E/06	Mt Dandenong	August 05
E/07	Coburg	August 12
E/08	East Bentleigh	August 19
E/09	Coburg	August 26
E/10	Coburg	September 02
E/11	Box Hill	September 09
E/12	Coburg	September 16
E/13	Flemington	September 23
E/14	Coburg	September 30
E/15	East Bentleigh	October 07
E/16	Coburg	October 14
E/17	Coburg	October 21
E/18	Box Hill	October 28
E/19	Coburg	November 11
E/20	East Bentleigh	November 18
E/21	Coburg	November 25
E/22	Box Hill	December 02
E/23	Coburg	December 09
2013 Course	Venue	1 Sunday
E/24	Coburg	January 06
E/25	East Bentleigh	January 13
E/26	Coburg	January 27
E/27	Coburg	February 03
E/28	Box Hill	February 10
E/29	Coburg	February 17
E/30	Flemington	February 24
E/31	Coburg	March 03
E/32	East Bentleigh	March 17
E/33	Coburg	March 24
E/34	Mt Dandenong	April 07
E/35	Coburg	April 14
E/36	Box Hill	April 21
E/37	Coburg	April 28
E/38	Coburg	May 05
E/39	Flemington	May 19
E/40	East Bentleigh	May 26
E/41	Coburg	June 02
E/42	Box Hill	June 16
E/43	Coburg	June 23
E/44	Mt Dandenong	June 30

Certificate upon completion of course

## RELATEWELL Courses



When you choose to attend a RELATEWELL course, you demonstrate the strength of your commitment to one another. In these times of "throw-away" relationships, is your commitment strong enough for both of you?

**Topics offered:** Couples at each course choose the specific issues they wish to explore. Some popular choices are:

- communication; conflict resolution and decision-making
- exploring expectations; designing a marriage that works for both of us
- mixing different family backgrounds and family influence
- recognising and meeting needs: your needs, my needs, our needs
- coping with stress
- budgeting and financial planning
- the impact of marriage models - working wives, individual careers, the mobile society and the nuclear family, feminism, reasons for marrying.

You explore your relationship strengths and practise the skills required to make changes in areas you wish to improve. Working as a couple, as well as in small groups, allows you to share common experiences and issues at a comfortable level. All courses are approved and part funded by the Commonwealth Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA).

### Professional Relationship Counselling

**We love one another but ...** For those who know they have unresolved issues, RELATEWELL offers professional relationship counselling and therapy services. RELATEWELL does not receive government funding for these services and fees are assessed according to the individuals / couples combined gross income.

**Phone for appointments on (03) 9354 8854**

### Addresses of Course Centres

- |                   |  |   |
|-------------------|--|---|
| 1. Box Hill       | Burgess Family Centre, 15 Barwon Street<br>(03) 9354 8854      | Box Hill North (MELWAY Map 47 B7)             |
| 2. Coburg         | RELATEWELL Centre, 21 Bell Street Coburg<br>(03) 9354 8854     | (MELWAY Map 18 A12)                           |
| 3. East Bentleigh | Bentleigh Bayside Community Health Service<br>(03) 9354 8854   | Gardeners Rd East Bentleigh (MELWAY Map 77K1) |
| 5. Flemington     | Farnham Street Neighbourhood Learning Centre<br>(03) 9354 8854 | 28 Farnham St, Flemington (MELWAY Map 28 K11) |
| 4. Mt Dandenong   | 7 Observatory Road Mt Dandenong<br>(03) 9354 8854              | (MELWAY Map 52 F12 & 66 F1)                   |

**RELATEWELL (Family Relationships Institute Inc.)**

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Email: [relate@relatewell.org.au](mailto:relate@relatewell.org.au)

[www.relatewell.org.au](http://www.relatewell.org.au)

## RELATEWELL Courses



Family Relationships Institute Inc.

### Let's Make It Work

A course for couples planning to marry



*An exciting program for an exciting transition*

**JULY 2011 - JUNE 2013**