

RELATEWELL Courses



1 DAY COURSES - 9.30 am - 5.30 pm .. \$235 per couple

| 2010 Course | Venue | 1 Sunday |
|-------------|----------------|--------------|
| E/01 | East Bentleigh | July 04 |
| E/02 | Coburg | July 11 |
| E/03 | Box Hill | July 18 |
| E/04 | Coburg | July 25 |
| E/05 | Flemington | August 01 |
| E/06 | Mt Dandenong | August 08 |
| E/07 | Coburg | August 15 |
| E/08 | East Bentleigh | August 22 |
| E/09 | Coburg | August 29 |
| E/10 | Coburg | September 05 |
| E/11 | Box Hill | September 12 |
| E/12 | Coburg | September 19 |
| E/13 | Flemington | September 26 |
| E/14 | Coburg | October 03 |
| E/15 | East Bentleigh | October 10 |
| E/16 | Coburg | October 17 |
| E/17 | Coburg | October 24 |
| E/18 | Box Hill | November 07 |
| E/19 | Coburg | November 14 |
| E/20 | East Bentleigh | November 21 |
| E/21 | Coburg | November 28 |
| E/22 | Box Hill | December 05 |
| E/23 | Coburg | December 12 |
| 2011 Course | Venue | 1 Sunday |
| E/24 | Coburg | January 09 |
| E/25 | East Bentleigh | January 16 |
| E/26 | Coburg | January 23 |
| E/27 | Coburg | January 30 |
| E/28 | Box Hill | February 06 |
| E/29 | Coburg | February 13 |
| E/30 | Flemington | February 20 |
| E/31 | Coburg | February 27 |
| E/32 | East Bentleigh | March 06 |
| E/33 | Coburg | March 20 |
| E/34 | Mt Dandenong | March 27 |
| E/35 | Coburg | April 03 |
| E/36 | Box Hill | April 10 |
| E/37 | Coburg | April 17 |
| E/38 | Coburg | May 01 |
| E/39 | Flemington | May 15 |
| E/40 | Coburg | May 22 |
| E/41 | East Bentleigh | May 29 |
| E/42 | Coburg | June 05 |
| E/43 | Box Hill | June 19 |
| E/44 | Coburg | June 26 |

Certificate upon completion of course

RELATEWELL Courses



When you choose to attend a RELATEWELL course, you demonstrate the strength of your commitment to one another. In these times of “throw-away” relationships, is your commitment strong enough for both of you?

Topics offered: Couples at each course choose the specific issues they wish to explore. Some popular choices are:

- communication; conflict resolution and decision-making
- exploring expectations; designing a marriage that works for both of us
- mixing different family backgrounds and family influence
- recognising and meeting needs: your needs, my needs, our needs
- coping with stress
- budgeting and financial planning
- the impact of marriage models - working wives, individual careers, the mobile society and the nuclear family, feminism, reasons for marrying.

You explore your relationship strengths and practise the skills required to make changes in areas you wish to improve. Working as a couple, as well as in small groups, allows you to share common experiences and issues at a comfortable level. All courses are approved and part funded by the Commonwealth Department of Families, Housing, Community Services and Indigenous Affairs.

Professional Relationship Counselling

We love one another but ... For those who know they have unresolved issues, RELATEWELL offers professional relationship counselling and therapy services. RELATEWELL does not receive government funding for these services and fees are assessed according to the individuals / couples combined gross income.

Phone for appointments on (03) 9354 8854

Addresses of Course Centres

- | | |
|-------------------------------------|---|
| 1. Box Hill (03) 9354 8854 | Burgess Family Centre, 15 Barwon Street Box Hill North (MELWAY Map 47 B7) |
| 2. Coburg (03) 9354 8854 | RELATEWELL Centre, 21 Bell Street Coburg (MELWAY Map 18 A12) |
| 3. East Bentleigh (03) 9354 8854 | Bentleigh Bayside Community Health Service Gardeners Rd East Bentleigh (MELWAY Map 77K1) |
| 5. Flemington (03) 9354 8854 | Farnham Street Neighbourhood Learning Centre 28 Farnham St, Flemington (MELWAY Map 28 K11) |
| 4. Mt Dandenong (03) 9354 8854 | 7 Observatory Road Mt Dandenong (MELWAY Map 52 F12 & 66 F1) |

RELATEWELL (Family Relationships Institute Inc.)

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RELATEWELL Courses



Family Relationships Institute Inc.

Let's Make It Work

A course for couples planning to marry



An exciting program for an exciting transition

JULY 2009 - JUNE 2011